

# JULY

# HARMONY BALLROOM

1407 132<sup>nd</sup> Ave NE #7, Bellevue 98005  
 info@harmonyballroom.com  
 www.harmonyballroom.com

### CONTACT INFORMATION

### SAT 7/1

#### GENERAL QUESTIONS & WEDDING LESSONS:

Em #425-453-7436 or  
 info@harmonyballroom.com

**BACHATA:** Samantha #425-773-9017 —  
 www.salsaymotion.com

**BELLY DANCE:** Mariam #425-351-6398

**BHARATANATYAM:** Ivy #510-474-6125

**BOLLYWOOD:** Srishti #425-677-5114 —  
 www.mydanceworldacademy.com

**CAPOEIRA:** Fabricio: capoeiraeastside@gmail.com

**FLOetic FITNESS WORKOUT:** Kirsti #917-291-9180

**KOGAKUKAN KENDO:** www.kogakukan.org

**SALSA:** Samantha #425-773-9017 —  
 www.salsaymotion.com

**WEST COAST SWING:** Scot McKay #206-227-4277

**ZUMBA:** Marianna: mchebotareva@gmail.com

**10:30am** Bollywood (Srishti)  
**11:30am** Bollywood (Srishti)

SUN 7/2	MON 7/3	TUES 7/4	WED 7/5	THURS 7/6	FRI 7/7	SAT 7/8
<b>9am-noon</b> Bollywood (Srishti)	<b>5pm</b> Kids Capoeira (Fabricio) <b>7pm</b> FLOetic Fitness (Kirsty)	<b>HAPPY INDEPENDENCE DAY</b>	<b>6-7:30pm</b> WCS Team (Scot/Wren) <b>7:30</b> West Coast Swing I <b>8:30-11 WEST COAST SWING DANCE \$8</b> <i>All Welcome!</i>	<b>10am</b> FLOetic Fitness (Kirsti)  <b>7pm</b> Salsa II (Rico) <b>8pm</b> Bachata II	<b>11am</b> Zumba (Marianna)	<b>9-10:30am</b> Bollywood Choreography (Nalini) <b>10:30-noon</b> Bollywood (Srishti)  <b>7pm</b> Bachata Workshop (Rico) <b>8pm BACHATA DANCE \$10</b> <i>All Welcome!</i>
SUN 7/9	MON 7/10	TUES 7/11	WED 7/12	THURS 7/13	FRI 7/14	SAT 7/15
<b>9am-noon</b> Bollywood (Srishti)  <b>3-6pm</b> Kendo	<b>5pm</b> Kids Capoeira (Fabricio) <b>7pm</b> FLOetic Fitness (Kirsty) <b>8-9:30pm</b> Bellydance Choreography Class (Mariam)	<b>6pm</b> Salsa I (Rico & Samantha) <b>7pm</b> Bachata II <b>8-9:30pm</b> Kogakukan Kendo	<b>6-7:30pm</b> WCS Team (Scot/Wren) <b>7:30</b> West Coast Swing I <b>8:30-11 WEST COAST SWING DANCE \$8</b> <i>All Welcome!</i>	<b>10am</b> FLOetic Fitness (Kirsti)  <b>7pm</b> Salsa II (Rico) <b>8pm</b> Bachata II	<b>11am</b> Zumba (Marianna)  <b>7-8:30pm</b> Kogakukan Kendo	<b>10:30-noon</b> Bollywood (Srishti)  <b>5pm</b> Bharatanatyam (Ivy)  <b>7pm EASTSIDE IMPROV \$10</b> <i>All Welcome!</i>
SUN 7/16	MON 7/17	TUES 7/18	WED 7/19	THURS 7/20	FRI 7/21	SAT 7/22
<b>9am-noon</b> Bollywood (Srishti)  <b>3-6pm</b> Kendo	<b>5pm</b> Kids Capoeira (Fabricio) <b>8-9:30pm</b> Bellydance Choreography Class (Mariam)	<b>6pm</b> Salsa I (Rico & Samantha) <b>7pm</b> Bachata II <b>8-9:30pm</b> Kogakukan Kendo	<b>6-7:30pm</b> WCS Team (Scot/Wren) <b>7:30</b> West Coast Swing I <b>8:30-11 WEST COAST SWING DANCE \$8</b> <i>All Welcome!</i>	<b>7pm</b> Salsa II (Rico) <b>8pm</b> Bachata II		<b>10:30-noon</b> Bollywood (Srishti)
SUN 7/23	MON 7/24	TUES 7/25	WED 7/26	THURS 7/27	FRI 7/28	SAT 7/29
<b>9am-noon</b> Bollywood (Srishti)  <b>3-6pm</b> Kendo	<b>5pm</b> Kids Capoeira (Fabricio) <b>8-9:30pm</b> Bellydance Choreography Class (Mariam)	<b>6pm</b> Salsa I (Rico & Samantha) <b>7pm</b> Bachata II <b>8-9:30pm</b> Kogakukan Kendo	<b>6-7:30pm</b> WCS Team (Scot/Wren) <b>7:30</b> West Coast Swing I <b>8:30-11 WEST COAST SWING DANCE \$8</b> <i>All Welcome!</i>	<b>7pm</b> Salsa II (Rico) <b>8pm</b> Bachata II	<b>11am</b> Zumba (Marianna)  <b>7-8:30pm</b> Kogakukan Kendo	<b>10:30-noon</b> Bollywood (Srishti)  <b>7pm</b> Latin Workshop (Rico) <b>8pm TROPICAL DANCE \$10</b> <i>All Welcome!</i>
SUN 7/30	MON 7/31	TUES 8/1	WED 8/2	THURS 8/3	FRI 8/4	SAT 8/5
<b>9am-noon</b> Bollywood (Srishti)  <b>3-6pm</b> Kendo	<b>5pm</b> Kids Capoeira (Fabricio) <b>8-9:30pm</b> Bellydance Choreography Class (Mariam)	<b>6pm</b> Salsa I (Rico & Samantha) <b>7pm</b> Bachata II <b>8-9:30pm</b> Kogakukan Kendo	<b>6-7:30pm</b> WCS Team (Scot/Wren) <b>7:30</b> West Coast Swing I <b>8:30-11 WEST COAST SWING DANCE \$8</b> <i>All Welcome!</i>	<b>10am</b> FLOetic Fitness (Kirsti)  <b>7pm</b> Salsa II (Rico) <b>8pm</b> Bachata II	<b>11am</b> Zumba (Marianna)	<b>10:30-noon</b> Bollywood (Srishti)  <b>5pm</b> Bharatanatyam (Ivy)