

JULY

HARMONY BALLROOM

1407 132nd Ave NE #7, Bellevue 98005
 info@harmonyballroom.com
 www.harmonyballroom.com

CONTACT INFORMATION

SAT 7/1

GENERAL QUESTIONS & WEDDING

LESSONS: Em #425-453-7436 or info@harmonyballroom.com

ARGENTINE TANGO: Em #425-453-7436

BACHATA: Samantha #425-773-9017 — www.salsaymotion.com

BELLY DANCE: Mariam #425-351-6398

BHARATANATYAM: Ivy #510-474-6125

BOLLYWOOD: Nalini — www.nalinidance.com

BOLLYWOOD: Srishti #425-677-5114 — www.mydanceworldacademy.com

BULGARIAN FOLKDANCE: bchcs@seattle-bg.org

CAPOEIRA: Fabricio: capoeiraeastside@gmail.com

FLOetic FITNESS WORKOUT: Kirsti #917-291-9180

GEORGIAN FOLKDANCE: Tamar #253-737-9476

IMPROV: Jeremy: jrobkin@gmail.com

KOGAKUKAN KENDO: www.kogakukan.org

SALSA: Samantha #425-773-9017 — www.salsaymotion.com

WEST COAST SWING: Scot McKay #206-227-4277

ZUMBA: Marianna: mchebotareva@gmail.com

9:30am Bollywood Choreography (Nalini)
10:30am Bollywood (Srishti)
11:30am Bollywood (Srishti)

SUN 7/2

MON 7/3

TUES 7/4

WED 7/5

THURS 7/6

FRI 7/7

SAT 7/8

9am-noon Bollywood (Srishti)

3-6pm Kendo

5pm Kids Capoeira (Fabricio)
7pm FLOetic Fitness (Kirsty)
8-9:30pm Bellydance Choreography Class (Mariam)

HAPPY INDEPENDENCE DAY

6-7:30pm WCS Team (Scot/Wren)
7:30 West Coast Swing I
8:30-11 WEST COAST SWING DANCE \$8
All Welcome!

9am Barre/Hip Hop Fitness (Katie)
10am FLOetic Fitness (Kirsti)
6pm Ladies Styling (Samantha)
7pm Salsa II (Rico)
8pm Bachata II

11am Zumba (Marianna)
5pm Bharatanatyam (Ivy)
6:30-9pm TANGO PRACTICA \$5
 (Em & Ram, alt music)
All Welcome!

9:30am Bollywood Choreography (Nalini)
10:30am Bollywood (Srishti)
11:30am Bollywood (Srishti)
7pm Bachata Workshop (Rico)
8pm BACHATA DANCE \$10
All Welcome!

SUN 7/9

MON 7/10

TUES 7/11

WED 7/12

THURS 7/13

FRI 7/14

SAT 7/15

9am-noon Bollywood (Srishti)

3-6pm Kendo

5pm Kids Capoeira (Fabricio)
7pm FLOetic Fitness (Kirsty)
8-9:30pm Bellydance Choreography Class (Mariam)

5pm Bharatanatyam (Ivy)
6pm Salsa I (Rico & Samantha)
7pm Bachata II
8-9:30pm Kogakukan Kendo

6-7:30pm WCS Team (Scot/Wren)
7:30 West Coast Swing I
8:30-11 WEST COAST SWING DANCE \$8
All Welcome!

9am Barre/Hip Hop Fitness (Katie)
10am FLOetic Fitness (Kirsti)
6pm Ladies Styling (Samantha)
7pm Salsa II (Rico)
8pm Bachata II

11am Zumba (Marianna)
5pm Bharatanatyam (Ivy)
7-8:30pm Kogakukan Kendo

9:30am Bollywood Choreography (Nalini)
10:30am Bollywood (Srishti)
11:30am Bollywood (Srishti)
7pm EASTSIDE IMPROV \$10
All Welcome!

SUN 7/16

MON 7/17

TUES 7/18

WED 7/19

THURS 7/20

FRI 7/21

SAT 7/22

9am-noon Bollywood (Srishti)

3-6pm Kendo

5pm Kids Capoeira (Fabricio)
7pm FLOetic Fitness (Kirsty)
8-9:30pm Bellydance Choreography Class (Mariam)

5pm Bharatanatyam (Ivy)
6pm Salsa I (Rico & Samantha)
7pm Bachata II
8-9:30pm Kogakukan Kendo

6-7:30pm WCS Team (Scot/Wren)
7:30 West Coast Swing I
8:30-11 WEST COAST SWING DANCE \$8
All Welcome!

9am Barre/Hip Hop Fitness (Katie)
10am FLOetic Fitness (Kirsti)
6pm Ladies Styling (Samantha)
7pm Salsa II (Rico)
8pm Bachata II

11am Zumba (Marianna)
5pm Bharatanatyam (Ivy)
6:30-9pm TANGO PRACTICA \$5
 (Em & Ram, alt music)
All Welcome!

9:30am Bollywood Choreography (Nalini)
10:30am Bollywood (Srishti)
11:30am Bollywood (Srishti)

SUN 7/23

MON 7/24

TUES 7/25

WED 7/26

THURS 7/27

FRI 7/28

SAT 7/29

9am-noon Bollywood (Srishti)

3-6pm Kendo

5pm Kids Capoeira (Fabricio)
7pm FLOetic Fitness (Kirsty)
8-9:30pm Bellydance Choreography Class (Mariam)

9:30am Barre/Hip Hop Fitness (Katie)
5pm Bharatanatyam (Ivy)
6pm Salsa I (Rico & Samantha)
7pm Bachata II
8-9:30pm Kogakukan Kendo

6-7:30pm WCS Team (Scot/Wren)
7:30 West Coast Swing I
8:30-11 WEST COAST SWING DANCE \$8
All Welcome!

9am Barre/Hip Hop Fitness (Katie)
10am FLOetic Fitness (Kirsti)
6pm Ladies Styling (Samantha)
7pm Salsa II (Rico)
8pm Bachata II

11am Zumba (Marianna)
5pm Bharatanatyam (Ivy)
7-8:30pm Kogakukan Kendo

9:30am Bollywood Choreography (Nalini)
10:30am Bollywood (Srishti)
11:30am Bollywood (Srishti)
7pm Latin Workshop (Rico)
8pm TROPICAL DANCE \$10
All Welcome!

SUN 7/30

MON 7/31

TUES 8/1

WED 8/2

THURS 8/3

FRI 8/4

SAT 8/5

9am-noon Bollywood (Srishti)

3-6pm Kendo

5pm Kids Capoeira (Fabricio)
7pm FLOetic Fitness (Kirsty)
8-9:30pm Bellydance Choreography Class (Mariam)

9:30am Barre/Hip Hop Fitness (Katie)
5pm Bharatanatyam (Ivy)
6pm Salsa I (Rico & Samantha)
7pm Bachata II
8-9:30pm Kogakukan Kendo

6-7:30pm WCS Team (Scot/Wren)
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All Welcome!

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